



Church of St. John the Baptist, Knock

KNOCK

Parish Newsletter



St. Anne's Church, Shanvaghara

NEWSLETTER SUNDAY 12 SEPTEMBER 2021. TWENTY FOURTH SUNDAY OF YEAR B.

Fr Richard Gibbons PP Parish tel: 094 9388100

Mass Intentions for the Week

KNOCK

Saturday 11 Sept.:	7.30pm	Mary Finn, Liscat, 1st Anniv. and deceased members of the Roughneen Family, Kilcun.
Sunday 12 Sept.:	12noon	Mattie Coyne and deceased members of the Coyne Family, Lakehill. Anniv.
Monday 13 Sept.:	7.30pm	Joe Cleary, Carramore.
Friday 17 Sept.:	12noon	Kenneth Vaughan, Carramore Meadows. Anniv.
Saturday 18 Sept.:	12noon	Brendan Kilduff, Sallyhernane. 2nd Anniv.
Shanvaghara:		
Sunday 19 September:	10.00am	Austin and Margaret Henry and Tracey Campbell Fitzpatrick

Feast Days during the coming week

Monday 13 Sept:	St. John Chrysostom.
Tuesday 14 Sept.:	Exaltation of the Holy Cross.
Wed. 15 Sept:	Our Lady of Sorrows.
Thurs. 16 Sept.	St. Cornelius.
Fri, 17 Sept.:	St. Robert Bellarmine.

There will be a day of Reflection

on the Eucharist in Eden Franciscan convent on **Saturday 25th September, beginning at 10am and ending with Mass at 3pm.**

Due to Covid, booking is essential as places are limited. To reserve your place please phone 094 9388302.

Please bring your own packed lunch, tea and coffee will be provided.

Details of a Novena to St Francis will follow in next week's newsletter.

Bereavement Support Group-

Wednesdays 11am

Life after a family bereavement can feel very lonely. Sometimes spending time with others who know the experience can be helpful. A Bereavement Support Group meets every **Wednesday at 11am. at the Family Centre.** Here strangers often become great friends as they journey through the shared experience of grief and loss. Anyone is welcome to drop in any week.

Further information from Monica Morley at the Centre- 094-9375320.

Guided Pilgrimages on the Lough Derg Pilgrim Path

will be offered on **Wednesday 15th, Saturday 18th & Sunday 26th September and Sunday 3rd October, with Mass outdoors, weather permitting.** The full route is a 12km loop, with a shorter 8km option.

Advance booking is essential.

For further information email info@loughderg.org or telephone 0(0353) 71 9861518. www.loughderg.org
Lough Derg Pilgrim Path, Pettigo, Co Donegal.

The Season of Creation

The Season of Creation is marked throughout the Christian world annually from 1 September to 4 October (Feast of Saint Francis of Assisi) and celebrates the joy of creation as well as encouraging awareness-raising initiatives to protect the natural environment.

The theme for 2021 is 'Restoring Our Common Home' and this month we are asked to awaken to the urgent need to heal our relationships with creation and with each other and to encourage our parish communities to do the same, "for we know that things can change!" (Laudato Si', 13).

*"Rivers do not drink their own water;
trees do not eat their own fruit;
the Sun does not shine on itself and
flowers do not spread their
fragrance for themselves.
Living for others is a rule of nature.*

-Pope Francis

Tips for the Season of Creation

During this Season of Creation, we can all look at areas in our lives where we could make small changes that will make a big difference to the earth.

Here are some tips on grocery shopping and household meal planning to help us be more mindful.

1. Plan carefully when grocery shopping. Create a weekly meal plan and make a list of items you need. Check what you have already in the house to avoid over stocking. Only buy what you know you will use within its 'best before date'.
The average household throws away a quarter of a tonne of food every year.
2. Buy locally produced food where possible. This reduces the contribution of 'food miles' to global warming.
3. Aim to purchase products in tins or glass jars instead of plastic containers. Reducing the amount of plastic in circulation is beneficial as it takes a huge toll on the environment to produce and recycle it.
4. Start your own compost bin. If you do not have the outdoor space see if it would be possible to start one with your neighbours.

Find out more about the Season of Creation www.catholicnews.ie

Living Well

Free on line group programme for adults with long-term health conditions delivered over six weeks with trained leaders. You will develop self-management skills and confidence to live well with your health conditions.

Upcoming programmes:

September 9, September 13, September 21 and September 29. To book a place contact Liam Gildea on 087 3490393 or email liam.gildea@mayocil.ie

Study Theology Online, is this for you?

The Priory Institute provides online Theology courses to degree level. Attend Saturday lectures in Tallaght or from the comfort of your own home. **Register now for Autumn 2021.** Find out more on our website, prioryinstitute.com Click here to see a 2 minute introductory film Prioryinstitute.com

Marian Pilgrimages

have released their pilgrimage schedule for 2022 to Lourdes, Medjugorje, Fatima, Italy & Holy Land. For more information or to register your interest please visit www.marian.ie or ring Marian Pilgrimages on (01) 878 8159.

Aware - Support & Self Care Groups

For information on groups
<https://www.aware.ie/support/support-groups/>
and all of our services on w.aware.ie.

Western Care Association

Have you an interest in working with people with a learning disability and / or autism?? Western Care Association are recruiting Relief Staff to work in our Services based across Co. Mayo. For further information please visit our website at www.westerncare.com or email hr@westerncare.com

Prayers for the Deceased

Please pray for the repose of the souls of

Catherine Loftus

Carramore and formerly of Ballina
and

Anton Coyle

who died this week in London.
Brother of Mick Coyle Churchfield.