



Church of St. John the Baptist, Knock

# KNOCK

Parish Newsletter



St. Anne's Church, Shanvaghera

NEWSLETTER SUNDAY 7 MARCH 2021. THIRD SUNDAY OF LENT

Fr Richard Gibbons PP Parish tel: 094 9388100

## Mass Intentions for the Week

### KNOCK

<b>Saturday 6 March:</b>	7.30pm	Sr. Gabriel O'Brien, DC. Late of Shanvaghera.
<b>Sunday 7 March:</b>	12noon	Kate Murphy. Anniv. and deceased Murphy and O'Brien Families.
	7.30pm	Patrick and Kathleen Devaney, Coogue. Anniv.
<b>Monday 8 March:</b>	12noon	Eileen Cawley nee Egan, Aughtaboy.
	7.30pm	Michael Fitzgerald. Month's Mind.
<b>Tuesday 9 March:</b>	7.30pm	Mary Kate Boyle and deceased family members, Cloonfaughna.
<b>Wednesday 10 March:</b>	12noon	Helena Jordan, Ballyhowley. Anniv.
	7.30pm	Michael Jordan, Ballyhowley. Anniv.
<b>Thursday 11 March:</b>	7.30pm	Mary, Martin, Michael and John Caulfield and Jim and Margaret McDonnell, Coogue. Anniv.
<b>Friday 12 March:</b>	12noon	Michael and Margaret Feeley and deceased Family members, Coogue South. Anniv.
	7.30pm	Seamus Morris.
<b>Saturday 13 March:</b>	12noon	Kathleen Reilly, Esker. 1st Anniv.
	12noon	Joe Londra.
	7.30pm	Michael, James and Margaret O'Malley, Cloonlavish. Anniv.
<b>Sunday 14 March:</b>	12noon	John Joe Fleming, Cloonterriff. 1st Anniv.
	7.30pm	Austin, Agnes and Gus Kearns, Kilgarraff.
<b>Shanvaghera:</b>		
<b>Sunday 7 March:</b>	10.00am	Kathleen and Anthony Howley, Aughtaboy. Anniv.
<b>Sunday 14 March:</b>	10.00am	Tom and Nellie McNamara and their parents, Derryclagh. Anniv.

### Living Well

is a free online group programme delivered over six workshops (2.5 hrs x 6). It is delivered by trained leaders, most of whom are also living with a long-term health condition. You will develop self-management skills and confidence to live well with your health conditions. (Limited places)

- **Tuesday 09th March,**
- **Thursday 25th March**
- **Tuesday 06th April,**
- **Friday 09th April**

### Act of Spiritual Communion

My Jesus,  
 I believe that you are present in the Most Holy Sacrament.  
 I love you above all things, and I desire to receive you into my soul.  
 Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart.  
 I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you.

**St. Alphonsus de Liguori**

## Saints celebrating their Feast Days during the coming week

**Monday 8 March:** St John of God.  
St. Senan.  
**Tuesday 9 March:** St. Frances of Rome.  
**Thursday 11 March:** St. Aengus.

## SeniorLine

are open every day of the year from 10am-10pm. We are older people too, trained to listen and support. We would love to hear from you.  
Freefone 1800 80 45 91

## Aghamore

online bingo commencing on St Patrick's night at 8pm.

## Extract from St. Patrick's Breastplate

Christ with me, Christ before me,  
Christ behind me, Christ in me,  
Christ beneath me, Christ above me,  
Christ on my right, Christ on my left,  
Christ when I lie down, Christ when I sit down,  
Christ when I arise,  
Christ in the heart of everyone who thinks of me,  
Christ in the mouth of everyone who speaks of me,  
Christ in every eye that sees me,  
Christ in every ear that hears me.

## 'Green Message in a Bottle' System,

which is Simple & Brilliant System in Cases of Emergency is now being rolled out & promoted by the Knock Elderly Network Group and has been put in place Free-of-Charge by the Lions Club. With this system, the person is given a Green Bottle(plastic container) complete with a Personal Information Form (which they complete) & three self-adhesive Green Cross stickers, This system encourages people to keep their Basic Personal & Medical Details in a common place (your fridge) where in cases of Emergency, the Emergency Teams can find them easily. These 'Green Message in a Bottle' are now available Free-of-charge at our Local Pharmacy, Life Pharmacy, Knock. So please avail of this Simple Effective idea or make enquiries to see if it's something that might be of benefit to you & your household.



In these times when we are missing gathering as a parish community, why not join in a virtual Lenten and Easter course. This will take place on Wednesday evenings at 8.30pm via Zoom, starting on March 10th. Led by members of the Pastoral Council, parishioners will journey to the Resurrection with videos from International speaker Bishop Robert Barron. To register for this free course email [knockparishcouncil@gmail.com](mailto:knockparishcouncil@gmail.com)

## Exploring the Word of God through Prayer - Scripture Reflections

A series of online scripture reflections at 8pm each Tuesday night at [www.knockshrine.ie/watch-live/](http://www.knockshrine.ie/watch-live/)  
Every Tuesday night at 8pm Knock Shrine will show a series of online night prayer with reflections on scripture delivered by students from St Louis Community School Kiltimagh.  
To watch, simply log on to [www.knockshrine.ie/watch-live](http://www.knockshrine.ie/watch-live) at 8pm each Tuesday evening.

## 'Living Christian Faith' - Lenten Conversations

Knock Shrine will host a new series of online discussions to engage you during Lent. Join Fr Eamonn Conway and guests online this Thursday evening at 8.30pm. The online discussions will run each week of Lent. Full programme details are available at [www.knockshrine.ie/news](http://www.knockshrine.ie/news) To watch, simply log on to [www.knockshrine.ie/watch-live](http://www.knockshrine.ie/watch-live)

## Extra Adoration Initiative from Apostolate of Adoration for Lent.

Extra details on [www.eucharisticadoration.ie](http://www.eucharisticadoration.ie) For the 45 days of Lent up to Good Friday we are inviting people to do an hour of Adoration per day. This is not to replace your own weekly Holy Hour. This is a National effort for the end to Covid 19, for renewal of faith in Ireland and for your own intentions. This may be done at home or in the Church. 24/7 Adoration live streamed from [navanparish.ie/livestream](http://navanparish.ie/livestream) Please text your name and choice of hour to Fidelma 086 2603421.

## Prayers for the deceased

Please pray for the repose of the souls of

**Patrick Cafferkey,**  
Churchfield Park and late of Currane, Achill and England.

**Seán Coughlan,**  
Brother of Sr. Helen Coughlan, SMG Sisters.

## COVID-19 Support Line for Older People

ALONE manage a national support line and additional supports for older people who have concerns or are facing difficulties relating to COVID-19. Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open seven days a week, 8am - 8pm, by calling 0818 222 024.