



KNOCK

Parish Newsletter



Church of St. John the Baptist, Knock

St. Anne's Church, Shanvaghara

NEWSLETTER SUNDAY 20TH SEPTEMBER 2020. 25TH SUNDAY YEAR A

Fr Richard Gibbons PP Parish tel: 094 9388100

Mass Intentions for the Week

KNOCK

Saturday 19 Sept.:	7.30pm	Fr. Kieran Heneghan. 1st Anniv.
Monday 21 Sept.:	12 noon	Sr. Martha O'Connor, Daughters of Charity.
	7.30pm	John and Mary Lyons, Knock.
Tuesday 22 Sept.:	12 noon	James and Margaret Mulkeen, Coogue North.
	7.30pm	Bridget, Patrick and James McLoughlin, Adrigoole.
Thursday 24 Sept.:	12 noon	Tom and Nellie McLoughlin and their daughter Mary Beirne. 1st Anniv.
Friday 25 Sept.:	12 noon	John Joyce, Carramore Meadows. Anniv.
Saturday 26th Sept.:	12noon	Noeleen Conroy. Anniv.
	7.30pm	Michael and Gertie Ryan. Anniv.
Shanvaghara:		
Sunday 20 Sept.	10.00am	Austin and Margaret Henry and Tracey Campbell Fitzpatrick.
Sunday 27 Sept.	10.00am	John Jennings, Coogue North. Anniv.

Farewell to Fr. Paul

This weekend, we bid farewell to Fr. Paul Bennett as he returns to his home county of Cork. I want to thank him for his friendship and his great comradeship as we worked together both in the parish and in the Shrine over the past year and nine months. He has also become a familiar sight around the village and the grounds as he escorted his little dogs, Lola and Millie on their daily rambles. Fr. Paul has been a great support to me personally and to the parish and to the Shrine, particularly during the lockdown. I wish him many years of happiness as he continues his ministry in the Diocese of Cloyne.

Fr. Richard

First Holy Communion

Our congratulations to the children of Knock-Shanvaghara parish who made their First Holy Communion last weekend! With grateful thanks to their families, and to the staff of Knock National School for preparing them so well, and for a beautiful ceremony. We continue to keep our young people and their families in our prayers.

Fr Richard.

My Spiritual Hunger

There has been a deep hunger within to receive The Beloved of My Heart,
But, because of Corona Virus, we have been kept physically apart.

I so hungered for His heavenly bread,
My Spirit cried out to be nourished and fed
And today that desire became reality,
As I received the body of my Lord so tenderly.
No words were needed in this sacred space,
As I drank abundantly of His amazing grace.
Such a connection to the depths of my soul,
Once again I felt complete and whole.
Tears of gratitude welled up from inside,
How joyous and stilled was "The Beloved's Bride"
Such that my heart and spirit are in one accord,
As I say "Taste and see the goodness of The Lord.
Carmel Scruton, Australia.

Living Well

- a programme for adults with longterm health conditions. Your toolkit for better health. Free online Living Well Programme – next programmes commences on **Tuesday 22 September, Thursday 1 October** in 2.5 hour weekly sessions where you will learn new skills to manage your health condition on a day to day basis. This Programme will commence in September. You must register in advance as places are limited to 10/12 participants. Please note you do not have to disclose your health condition on the programme. Please contact Liam Gildea on 087 349 0393 or by email at liam.gildea@mayocil.ie

'Tusla Fostering Recruitment Week

from 12th October. Come to a coffee morning (call 091 526525 for details) or Freephone 1800 226771 or email: tusla.fostering@tusla.ie to enquire about fostering. You could change a child's life'

Certificate in Christian Leadership in Education

The programme will introduce students to key ideas, concepts and principles that underpin the characteristic spirit or ethos of faith-based education. Among the topics to be included are the following: Jesus the Teacher; Nurturing Personal Faith and Spirituality; The Catholic School and Contemporary Culture; Leading and Managing a Catholic School in Ireland Today. The Certificate in Christian Leadership in Education will be taught in part-time mode, normally on Saturdays and is open to all involved in primary and second level education, especially teachers and others aspiring to roles of leadership or management in education. The next offering of this programme will commence on Saturday, February 6th, 2021. Info from: Dr. Eugene Duffy, Course Coordinator: Eugene.duffy@mic.ul.ie

Outdoor Exercise Class for Seniors

on **Wednesdays, 11am-12noon, Riverside Drive, Knock**. Classes given by Mayo Sports Partnership using Activator Poles, and aims to support strengthening balance, mobility & loosening up the joints. In addition, a great opportunity to get out and meet others in a safe environment & to get some exercise. Gov Guidelines for Covid adhere to. More info, Contact Breda 086 3226494

COVID-19 Support Line for Older People

ALONE a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open seven days a week, 8am - 8pm, by calling 0818 222 024

NEW! - Knock Historical Group

If you are interested in localness, exploring our Parish townlands & villages in terms of who lived there in years gone by, local stories & happenings and explorations of the meaning of place names, you may have an interest in being part of this new group. For more information, contact Breda 086 3226494

Turley Duggan Academy

Irish Dancing classes for children and adults in Claremorris, Brickens, Hollymount and Irishtown. Contact Angela Duggan Dowd ADCRG on 0879408652

Develop your Computer Skills ...

enrol on a computer Information Technology & Office Skills course with Ability Enterprises, a computer training centre based in Ballindine. Applications are welcomed from

- unemployed persons in receipt of UA/UB and
- persons with a physical or sensory disability.

No computer experience necessary.

No Fees (must be registered with Dept. of Social Prot.).

All courses are funded by the ETB. Students may be entitled to an ETB training allowance with the support of N.D.P

For information, please contact: 09493 64054
09493 85005; Email: ability@iol.ie

Prayers for the Deceased

Please pray for the repose of the soul of
Mary Finn,
Liscat
who died recently.

Notices and submissions for the Newsletter must be received before 12.00 noon on **THURSDAY** morning for inclusion into that week's edition. **Email:** newsletter@knockshrine.ie or telephone the **Shrine Office on: 094 93 88100**. Alternatively envelopes marked "Parish Newsletter" can be left into the Sacristy or Shrine Office.