



Church of St. John the Baptist, Knock

KNOCK

Parish Newsletter



St. Anne's Church, Shanvaghara

NEWSLETTER SUNDAY 13TH SEPTEMBER 2020. 24TH SUNDAY YEAR A

Fr Richard Gibbons PP Parish tel: 094 9388100

Mass Intentions for the Week

KNOCK

Monday 14 Sept.: 7.30pm Mattie and Kathleen Coyne and deceased members of the Coyne Family, Lakehill.

Tuesday 15 Sept.: 7.30pm Har, Mary and Joe Maloney, Knock.

Wednesday 16 Sept: 7.30pm Michael, Teresa and Paul McHugh, Ruane. Anniv.

Thursday 17 Sept.: 7.30pm Christopher O'Malley.

Saturday 19th Sept.: 12noon Brendan Kilduff, Sallyhernane. 1st Anniv.
7.30pm Fr. Kieran Heneghan. 1st Anniv.

Shanvaghara:

Sunday 13 Sept. 10.00am Mary Lavin Devine, Shanvaghara.

Sunday 20 Sept. 10.00am Austin and Margaret Henry and Tracey Campbell Fitzpatrick.

National Grandparents Pilgrimage

this Sunday 13 September at 3.00pm from Knock Basilica. This year due to covid-19 restrictions, the grandparents pilgrimage will be streamed online. We invite grandparents and their families everywhere to join us online at www.knockshrine.ie/watch

Historical Group

Interested in setting up a Knock Historical Group
If interested in researching and gathering information about those who lived in our Parish Townlands and "happenings" in years gone by, with a view to set up a Historical Group, please contact Breda Johnston at 086 3226494.

Living Well

- a programme for adults with longterm health conditions. Your toolkit for better health.

Free online Living Well Programme – next programmes commences on

Monday 14 September, Tuesday 22 September, Thursday 1 October

in 2.5 hour weekly sessions where you will learn new skills to manage your health condition on a day to day basis. This Programme will commence in September. You must register in advance as places are limited to 10/12 participants. Please note you do not have to disclose your health condition on the programme. Please contact Liam Gildea on 087 349 0393 or by email at liam.gildea@mayocil.ie

Turley Duggan Academy

Irish Dancing classes for children and adults in Claremorris, Brickens, Hollymount and Irishtown. Contact Angela Duggan Dowd ADCRG on 0879408652 to book a place.

COVID-19 Support Line for Older People

ALONE a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open seven days a week, 8am - 8pm, by calling 0818 222 024

Prayer For Grandparents

Lord Jesus,
you were born in the Virgin Mary,
the daughter of Saints Joachim and Anne.
Look with love on grandparents the world over.
Protect them! They are a source of enrichment
for families, for the Church and for all of society.
Support them! As they grow older,
may they continue to be for their families
strong pillars of Gospel faith,
guardians of noble domestic ideals,
living treasures of sound religious traditions.
Make them teachers of wisdom and courage,
that they may pass on to future generations the fruits
of their mature human and spiritual experience.
Lord Jesus,
help families and society
to value the presence and role of grandparents.
May they never be ignored or excluded,
but always encounter respect and love.
Help them to live serenely and to feel welcomed
in all the years of life which you give them.
Mary, Mother of all the living,
keep grandparents constantly in your care,
accompany them on their earthly pilgrimage,
and by your prayers, grant that all families
may one day be reunited in our heavenly homeland,
where you await all humanity
for the great embrace of life without end.
Amen

Prayer to Our Lady Health of the Sick

O Mary, you shine continuously along our journey as a sign of salvation and hope.

We entrust ourselves to you, Health of the Sick, who at the Cross were near to the pain of Jesus, keeping your faith firm.

Help us, Mother of Divine Love, to conform ourselves to the will of the Father and to do what Jesus tells us, He who took our sufferings upon Himself, and took up our sorrows to bring us, through the Cross, to the joy of the Resurrection. Amen.

We seek refuge under your protection, O Holy Mother of God. Do not despise our pleas – we who are put to the test – and deliver us from every danger, O glorious and blessed Virgin.

Pope Francis

Notices and submissions for the Newsletter must be received before 12.00 noon on **THURSDAY** morning for inclusion into that week's edition. **Email: newsletter@knockshrine.ie** or telephone the **Shrine Office on: 094 93 88100**. Alternatively envelopes marked "Parish Newsletter" can be left into the Sacristy or Shrine Office.

Outdoor Exercise Class for Seniors

on **Wednesdays, 11am-12noon, Riverside Drive, Knock**. Classes given by Mayo Sports Partnership using Activator Poles, and aims to support strengthening balance, mobility & loosening up the joints. In addition, a great opportunity to get out and meet others in a safe environment & to get some exercise. Gov Guidelines for Covid adhere to. More info, Contact Breda 086 3226494

Act of Spiritual Communion

My Jesus,
I believe that you are present in the Most Holy Sacrament. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you.

St. Alphonsus de Liguori

Develop your Computer Skills ...

enrol on a computer Information Technology & Office Skills course with Ability Enterprises, a computer training centre based in Ballindine, Co. Mayo. Despite COVID-19, we continue to teach as normal, connecting learners & tutors remotely with Distant Learning & classroom instruction. All courses are QQI qualified – Word Processing, Internet, Computer Applications etc.

Applications are welcomed from

- unemployed persons in receipt of UA/UB and
- persons with a physical or sensory disability.

No computer experience necessary.

No Fees (must be registered with Dept. of Social Prot.).

All courses are funded by the ETB. Students may be entitled to an ETB training allowance with the support of N.D.P

For information, please contact: 09493 64054
09493 85005; Email: ability@iol.ie

Prayers for the Deceased

Please pray for the repose of the souls of

Michael Hernan,
Ballygar, Co. Galway.
Brother of Sr. Mary Hernan, Knock.

Christy Kennedy,
Carlow
Brother in law of Paddy Joe, Enda and
John O'Brien.

Marese Dowdall
Carramore Meadows and late of Drumshambo,
Co. Leitrim and Dublin
who died recently.