



KNOCK

Parish Newsletter



Church of St. John the Baptist, Knock

St. Anne's Church, Shanvaghara

NEWSLETTER SUNDAY 6TH SEPTEMBER 2020. 23RD SUNDAY YEAR A

Fr Richard Gibbons PP Parish tel: 094 9388100

Mass Intentions for the Week

KNOCK

Saturday 5 Sept.:	7.30pm	Eileen Keane, Rooskey. Month's Mind.
Monday 7 Sept.:	7.30pm	Mary Gildea, Ballyhowley. Anniv.
Tuesday 8 Sept:	12noon	Mary Kate Hernon. Anniv.
Wednesday 9 Sept:	12noon	Della Ryall, Caldragh. Anniv.
	7.30pm	P. J. Cosgrove, Curraghateenmore. Anniv.
Friday 11 September:	7.30pm	Michael Devine, daughter Mary Theresa, husband Mark and Helen Van Boche, Rosebury Court.
Shanvaghara:		
Sunday 6 Sept.	10.00am	Josie and Graham Cable, nee Campbell, Shanaghmoyle. Anniv.
Sunday 13 Sept.	10.00am	Mary Lavin Devine, Shanvaghara.

Ministers of the Word - September

Sat. 7.30pm John Kelly, Bernadette McNieve.
(Every other week)
Sun. 12noon James McGrath.
3.00pm Sr. Carmel Ryan.

Eucharistic Ministers - September

Sat. 7.30 p.m. Patricia Egan
Marian Maloney.
Sun. 12noon Geraldine McDonagh
Mary Naughton.
3.00pm Helen Duggan, Bernadette McNieve.

Living Well

- a programme for adults with longterm health conditions. Your toolkit for better health. Free online Living Well Programme – next programmes commences on **Wednesday 9 September, Monday 14 September, Tuesday 22 September, Thursday 1 October** in 2.5 hour weekly sessions where you will learn new skills to manage your health condition on a day to day basis. This Programme will commence in September. You must register in advance as places are limited to 10/12 participants. Please note you do not have to disclose your health condition on the programme. Please contact Liam Gildea on 087 349 0393 or by email at liam.gildea@mayocil.ie

Turley Duggan Academy

Irish Dancing classes for children and adults in Claremorris, Brickens, Hollymount and Irishtown. Contact Angela Duggan Dowd ADCRG on 0879408652 to book a place.

COVID-19 Support Line for Older People

ALONE a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open seven days a week, 8am - 8pm, by calling 0818 222 024

National Grandparents Pilgrimage

Sunday 13 September at 3.00pm

Granny, Grandad, Nana, Popsthere are so many different names that we give to some very special people in our lives, our grandparents. The bond between a grandparent and grandchild is truly unique.

The annual National Grandparents' Pilgrimage is one of the most special days at Knock Shrine. It is a celebration of the central and important role that grandparents play in passing the Faith to the next generation. It is no coincidence that the Pilgrimage day takes place on the nearest Sunday to the Nativity of Our Lady which occurs on September 8th. Saints Joachim and Anne were the grandparents of Jesus and are role models for all grandparents.

Over the past number of months, many grandchildren and grandparents were separated from each other due to the COVID 19 lockdown. In these unique and challenging times, we invite grandchildren to send us their own special prayers for their grandparents and they will be placed on the altar and prayed for during the pilgrimage online Mass on Sunday, September 13th 2020.

Every year, grandchildren send their own special prayers for their grandparents to be included in the annual Mass. These emotional prayers give thanks for the special gift that is a grandparent – many remember the special moments that children share with Granny and Grand Dad, others remember those who are now in Heaven but hold a special place in their hearts.

To have your own prayer included in the National Grandparents' Pilgrimage Mass on September 13th, email us at info@knockshrine.ie

The ceremonies will be streamed live on the **Knock Shrine website and on our Facebook page.**

The first National Grandparents' Pilgrimage took place in 2007 and the late Monsignor Joseph Quinn, PP, Knock Shrine composed a prayer for the occasion.

Prayer For Grandparents

God of the Ages we praise and thank you. From generation to generation You have been our refuge and strength. You give your gifts of grace for every time, place and season as we strive within the family to walk in Your ways and remain close to one another and to you. We pray that our homes may be schools of Faith, where we come to know and to love You. Teach us the Sanctity of human love. Show us the value of family life and help us to respect all life. May the young find in the family strong support for their humanity so that they may grow in truth and love. May the elderly experience respect, support, love and care within the family circle. We give thanks for Grandparents and we pray for them. We give thanks for they connect us with our heritage and our roots through the mists of time. We give thanks for their Christian memory which inspires and enlightens us. We give thanks for the example of their faith, for the witness of their lives, for the constancy of their love, for the support of their prayers.

Bless all Grandparents and keep them in Your care. Bless them with peace, health and healing. Reward them for their Faith and fidelity, for their work and goodness, for their love and thoughtfulness, for their gifts and prayers. Give them a long and happy life together. May old age come to them in the company of family and friends. And when life is over, unite them again, where parting will be no more, in the Kingdom of Your love.

We ask this through Christ our Lord.

Amen

Outdoor Exercise Class for Seniors

on **Wednesdays, 11am-12noon, Riverside Drive, Knock.**

Classes given by Mayo Sports Partnership using Activator Poles, and aims to support strengthening balance, mobility & loosening up the joints. In addition, a great opportunity to get out and meet others in a safe environment & to get some exercise. Gov Guidelines for Covid adhere to. More info, Contact Breda 086 3226494

Prayers for the Deceased

Please pray for the repose of the soul of
Fr. Sean McKeown Manchester
who died recently.

Notices and submissions for the Newsletter must be received before 12.00 noon on **THURSDAY** morning for inclusion into that week's edition. **Email:** newsletter@knockshrine.ie or telephone the **Shrine Office on: 094 93 88100.** Alternatively envelopes marked "Parish Newsletter" can be left into the Sacristy or Shrine Office.