



Church of St. John the Baptist, Knock

# KNOCK

Parish Newsletter



St. Anne's Church, Shanvaghara

NEWSLETTER SUNDAY 16TH AUGUST 2020. 20TH SUNDAY YEAR A

Fr Richard Gibbons PP Parish tel: 094 9388100

## Mass Intentions for the Week

### KNOCK

<b>Sunday 16 August:</b>	12noon	John and Rose Kelly, Drum. Anniv.
<b>Monday 17 August:</b>	12noon	John and Nancy Flatley, Carramore.
<b>Tuesday 18 August:</b>	12noon	James and Eileen O'Connor, Carramore. Anniv.
<b>Wed. 19 August:</b>	12noon	John Flatley, Carramore.
<b>Friday 21 August:</b>	7.30pm	Jim and Rita Forde. Anniv.
<b>Sat. 22 August:</b>	12noon	John and Maisie Larkin, Ballyroe. Anniv.
<b>Shanvaghara:</b>		
<b>Sunday 16 August:</b>	10.00am	Andrew Tarpey, Barnagurry.
<b>Sunday 23 August:</b>	10.00am	Mary Agnes (Babe) Carney, Shanaghmoyle. Anniv. Michael Joseph Cambell, Eden and deceased members of the Family. Anniv.

### Novena Prayer

The Novena Prayer to Our Lady of Knock is traditionally prayed from the 14th to the 22nd of August and can be downloaded from our website on [www.knockshrine.ie](http://www.knockshrine.ie) It will be recited at all our Masses over the nine days and you are invited to join us at home or at our Masses at 12noon, 3.00pm and 7.30pm.

### Summer Collection

Many thanks to all who have returned their Collection Envelopes already and we ask that remaining envelopes **be handed into any of the Shrine Offices before next weekend.** Thank you.

### Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession was left unaided. Inspired with this confidence, I fly to you, O Virgin of virgins, my Mother. To you I come, before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy, hear and answer. Amen.

## Aghamore GAA

3rd Round Of Senior Championship takes place **Saturday 22 August** against Moy Davitts in Ballaghaderreen at 7.00pm.

Due to Covid19 restrictions attendance is limited to 200 including players, match officials, stewards etc.

### ENTRY WILL BE BY TICKET ONLY

Aghamore Gaa will receive a limit number of tickets, We are currently taking names from club members wishing to purchase tickets, **PLEASE EMAIL** [tickets.aghamore@gmail.com](mailto:tickets.aghamore@gmail.com), Anyone who hasn't access to email can text Cathy in 0838984149. Deadline for names is Monday 17th at 12noon.

## A new pilgrimage on Lough Derg's lakeshore

Walk and Pray in the Lough Derg tradition on **16, 18, 22, 26 & 30 August**. At times in the 1600s and 1700s when Station Island was closed by the Penal Laws, pilgrims undertook a form of pilgrimage on the lough shore. Walk in their footsteps. Contact (0353) 71 9861518 or [info@loughderg.org](mailto:info@loughderg.org) for details. Numbers are limited. Advance booking essential.

## COVID-19

### Support Line for Older People

ALONE a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open seven days a week, 8am - 8pm, by calling 0818 222 024

## Outdoor Exercise Class for Seniors

on **Wednesdays, 11am-12noon, Riverside Drive, Knock**. Classes given by Mayo Sports Partnership using Activator Poles, and aims to support strengthening balance, mobility & loosening up the joints. In addition, a great opportunity to get out and meet others in a safe environment & to get some exercise. Gov Guidelines for Covid adhere to. More info, Contact Breda 086 3226494

## Living Well - a programme for adults with longterm health conditions. Your toolkit for better health.

Free online Living Well Programme – next programmes commences on

- Wednesday 9 September
- Monday 14 September
- Tuesday 22 September
- Thursday 1 October

in 2.5 hour weekly sessions where you will learn new skills to manage your health condition on a day to day basis. This Programme will commence in September. You must register in advance as places are limited to 10/12 participants. Please note you do not have to disclose your health condition on the programme. Please contact Liam Gildea on 087 349 0393 or by email at [liam.gildea@mayocil.ie](mailto:liam.gildea@mayocil.ie)

## Prayer to Our Lady Health of the Sick

O Mary, you shine continuously along our journey as a sign of salvation and hope.

We entrust ourselves to you, Health of the Sick, who at the Cross were near to the pain of Jesus, keeping your faith firm.

Help us, Mother of Divine Love, to conform ourselves to the will of the Father and to do what Jesus tells us, He who took our sufferings upon Himself, and took up our sorrows to bring us, through the Cross, to the joy of the Resurrection. Amen.

We seek refuge under your protection, O Holy Mother of God. Do not despise our pleas – we who are put to the test – and deliver us from every danger, O glorious and blessed Virgin.

**Pope Francis**