



# KNOCK

*Parish Newsletter*



Church of St. John the Baptist, Knock

St. Anne's Church, Shanvaghara

NEWSLETTER SUNDAY 2ND AUGUST 2020. 18TH SUNDAY YEAR A

Fr Richard Gibbons PP Parish tel: 094 9388100

## Mass Intentions for the Week

### KNOCK

<b>Saturday 1 August:</b>	7.30pm	Margaret and John Costello, Knockroe.
	7.30pm	Fr. John Baptist Byrne, Cloonternane. Anniv.
<b>Sunday 2 August:</b>	12noon	Mary Healy, Derry. Anniv.
	12noon	Delia Prendergast, Churchfield. Anniv.
<b>Monday 3 August:</b>	12noon	Mark, Mary and Margaret Taaffe, Rookfield.
	7.30pm	Martin Rowley. Anniv.
<b>Tuesday 4 August:</b>	12noon	Austin Ruane, Tom McGoff, Tom Devine and deceased Family.
	7.30pm	Jay and Kathleen Flatley, Lakehill.
<b>Friday 7 August:</b>	12noon	Seamus Mallee, Carramore. Anniv.
	12noon	Bridget and Patrick Kelly and deceased Family members.
	7.30pm	Joe and Mary Sweeney, Cloonlavish. Anniv.
<b>Saturday 8 August:</b>	12noon	Valerie King, Cloonlavish
	12noon	Tony Danagher. Anniv.
	7.30pm	Ann Marie Campbell, Eden. 4th Anniv
<b>Shanvaghara:</b>		
<b>Sunday 9 August:</b>	10.00am	Tommy and Bea O'Brien, Tavanagh. Anniv.

**Living Well** - a programme for adults with longterm health conditions. Your toolkit for better health.  
Free online Living Well Programme – next programmes commences on

- Wednesday 9 September
- Monday 14 September
- Tuesday 22 September
- Thursday 1 October

in 2.5 hour weekly sessions where you will learn new skills to manage your health condition on a day to day basis. This Programme will commence in September. You must register in advance as places are limited to 10/12 participants. Please note you do not have to disclose your health condition on the programme. Please contact Liam Gildea on 087 349 0393 or by email at [liam.gildea@mayocil.ie](mailto:liam.gildea@mayocil.ie)

## Hello Everyone!

Just a short note to let you know that after meeting with our Covid-19 committee and the Gardai as well as in keeping with regulations and safety protocols we will be able to increase the numbers attending our three daily Masses in the Basilica from 100 people (two pods of 50 people each) to 200 people (4 pods of 50 people each). This change will take place on **Tuesday 4th August** next.

This will allow more people to attend in safety. We would ask everyone attending Mass to please:

- Wear face masks.
- Receive Holy Communion on the hand only, this is for your safety and the safety of the priest and minister of the Eucharist.
- Adhere to the advice of the volunteers and Shrine security on entering and leaving Mass.

For parishioners it is far easier to attend Mass in the evenings at 7:30 at the moment with less queueing as most pilgrims and visitors go to the 12pm and 3pm Masses. However, it is advisable to be there about 15 – 20 mins before Mass.

Keep well and safe,

Fr Richard

### Just a reminder

Would the collectors of the Church envelopes please collect their envelopes at the Shrine Office as soon as possible. Thank you.

### Summer School 'Theology, Spirituality & Religious Experience'

We are taking registrations now for the second running of our online course commencing on August 10. The course consists of 10 online lectures by Fr Pat Collins C.M. given over two weeks and we were delighted to receive hugely positive comments from participants who took part in July; see just two examples below. 'your talks are refreshing me, rekindling my spirit and renewing my enthusiasm.... Refocusing on the centrality of religious experience is vital and extremely helpful' 'The eyes of my mind have also been enlightened, as I gained a fresh understanding, from a range Of Christian and other perspectives, of the nature of genuine religious experience as well as of the inherent dangers that can lie within that approach'.

### Outdoor Exercise Class for Seniors

on **Wednesdays, 11am-12noon, Riverside Drive, Knock.** Classes given by Mayo Sports Partnership using Activator Poles, and aims to support strengthening balance, mobility & loosening up the joints. In addition, a great opportunity to get out and meet others in a safe environment & to get some exercise. Gov Guidelines for Covid adhere to. More info, Contact Breda 086 3226494

### A new pilgrimage on Lough Derg's lakeshore

Walk and Pray in the Lough Derg tradition on **16, 18, 22, 26 & 30 August**. At times in the 1600s and 1700s when Station Island was closed by the Penal Laws, pilgrims undertook a form of pilgrimage on the lough shore. Walk in their footsteps. Contact (0353) 71 9861518 or [info@loughderg.org](mailto:info@loughderg.org) for details. Numbers are limited. Advance booking essential.

### COVID-19 Support Line for Older People

ALONE a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open seven days a week, 8am - 8pm, by calling 0818 222 024

### Prayers for the deceased

Please pray for the repose of the souls of

**Sr. Elma Hurley**

Daughters of Charity.

Late of St. Mary's Hostel

**John Keane,**

Scunthorpe, Lincolnshire England  
and late of Cloonlavish.

Brother of Margaret Jennings, Rookfield.