



Church of St. John the Baptist, Knock

# KNOCK

*Parish Newsletter*



St. Anne's Church, Shanvaghera

NEWSLETTER 3RD MAY 2020.      FOURTH SUNDAY OF Easter.

**Fr Richard Gibbons PP Parish tel: 094 9388100**

Hello everyone!

I hope you are all keeping well and safe at the moment. I want to thank you for all your kind prayers and thoughts for us here at the presbytery and for joining us online for our Masses everyday.

We have begun our pilgrimage season online as you know and this weekend we will have our own diocese of Tuam with us online. We invite you to join us on Sunday for our virtual pilgrimage if you can. We start at 2:30pm with the rosary, Mass at 3pm followed by benediction. You can prepare by sending in petitions online or by post and light candles on our website at [www.knockshrine.ie](http://www.knockshrine.ie) an actual candle will be then lit at the Shrine for you. You can also order Mass cards on our website and enroll yourself or loved ones in our Masses. As this is the month of May, Our Lady's month, we ask you to set up a May Altar or sacred space with a statue of Our Lady (of Knock preferably!) and a candle and some flowers if possible. Get the family to help and maybe for this month join us for the rosary each evening at 7pm.

Finally, I would like to thank all who sent in their Easter collection to us, it is deeply appreciated. If you would like to send in your Easter dues or collections you can post them in to us or drop them off at the presbytery. Many thanks for your support, it means alot to us.

Keep well and safe and may Our lady of Knock protect you all

Fr Richard

## Knock Area Community Volunteer Service

Knock Community Futures have coordinated a team of **40 local volunteers** to assist the elderly and vulnerable in our community who are in self-isolation or are unable or fearful of leaving their homes during the coronavirus, should the need arise.

Volunteers will assist the local Shops and Pharmacy in delivering emergency supplies (**such as shopping, prescriptions, fuel, etc.**) to people's homes. **Orders placed with Burke's or Heneghan's Shop, or Knock Pharmacy between 10am and 4pm will be delivered the same day.** To place your order, contact Pharmacy, Shops / Meals on Wheels:

**Knock Pharmacy** (094) 937 6968;  
**Heneghan's Costcutter** (094) 9388209;  
**Burke's Shop** (094) 9376773;  
**Brickens Meals on Wheels** can deliver a hot dinner to your home, phone (094) 9380910.

The volunteer service is coordinated by  
**Joe Neylon** 086 2938216;  
**Sinead Mallee** 087 2204296;  
**Raymond Heneghan** 087 2252478;  
**Brian Murphy** 087 6418714.

Call us if you require assistance or further information. Our **Community Garda, Bernadette Breslin, will also be available on 087 0931230.**

## Act of Spiritual Communion

My Jesus,

I believe that you are present in the Most Holy Sacrament.

I love you above all things, and I desire to receive you into my soul.

Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you.

**St. Alphonsus de Liguori**

## Extract from Saint Patrick's Breastplate

Christ with me, Christ before me,  
Christ behind me, Christ in me,  
Christ beneath me, Christ above me,  
Christ on my right, Christ on my left,  
Christ when I lie down, Christ when I sit down,  
Christ when I arise,  
Christ in the heart of everyone who thinks of me,  
Christ in the mouth of everyone who speaks of me,  
Christ in every eye that sees me,  
Christ in every ear that hears me.

## Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession was left unaided. Inspired with this confidence, I fly to you, O Virgin of virgins, my Mother.

To you I come, before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy, hear and answer.

Amen.

## COVID-19 Support Line for Older People

ALONE has launched a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open seven days a week, 8am - 8pm, by calling 0818 222 024

## Prayers for the Deceased

Please pray for the repose of the soul of  
**Jack Cunnane**  
Sandymount, Dublin  
and formerly of Coogue.

**Julie Guttridge**  
Drumcrest  
who died during the week.